

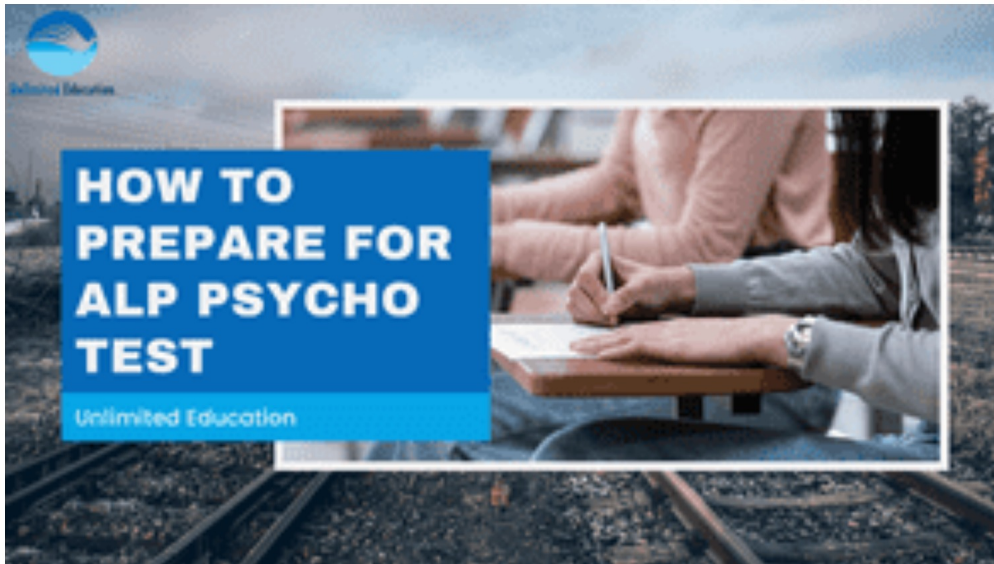
The RRB ALP Psycho Test Question Paper 2019 remains one of the most searched and important resources for candidates preparing for the Assistant Loco Pilot Psychometric Test. Even though the exam pattern has evolved slightly over the years, the 2019 psycho test still provides the clearest understanding of the actual RRB ALP CBT difficulty level, question types, and aptitude assessment structure.

Candidates preparing for ALP recruitment should practice the RRB ALP Psycho Test Question Paper 2019 to understand the actual RDSO psychometric pattern and exam standards. Understanding this pattern will also help aspirants prepare effectively for the upcoming **RRB ALP 2026 examination** with greater confidence and clarity.

In this blog, we will discuss the complete details of the **RRB ALP Psycho Test** Question Paper 2019, including the exam pattern, types of psychometric tests, important skills evaluated, preparation strategies, and the best way to practice for the upcoming CBT-3 examination.

RRB ALP Psycho Test Question Paper 2019 – Overview

The RRB ALP Psycho Test, officially known as the Computer-Based Aptitude Test (CBAT), was conducted for candidates who qualified for CBT-2 during the 2019 ALP recruitment cycle. Unlike CBT-1 and CBT-2, this stage focuses entirely on practical psychometric abilities required for safe train operations.



[Source: Unlimited Education]

The 2019 RRB ALP Psycho Test mainly assessed candidates' mental alertness, concentration, memory power, decision-making speed, reaction accuracy, and direction sense required for safe locomotive operations. The structure followed the official RDSO psychometric pattern, which is still considered the foundation for current ALP Psycho Tests.

RRB ALP Psycho Test Question Paper 2019 – Importance

Many candidates prepare extensively for CBT exams but underestimate the psycho test stage. However, the RRB ALP Psycho Test Question Paper 2019 clearly demonstrated that this stage is highly crucial for final selection. The psycho test:

- Is qualifying in nature
- Contributes to the final merit calculation
- Evaluates real operational aptitude
- Tests practical response ability under pressure

The CBT-3 stage is designed to ensure that selected candidates possess the psychological fitness necessary for handling train operations safely and responsibly.

RRB ALP Psycho Test Question Paper 2019 – Exam Pattern

Understanding the 2019 exam pattern helps candidates become familiar with the actual structure of the psycho-aptitude test. The RRB ALP CBT Psycho Test is a computer-based aptitude test conducted by RRB to assess candidates' mental alertness, concentration, decision-making, and perception skills for the Assistant Loco Pilot post.

- **Mode of Exam:** Computer-Based Test (CBT)
- **Conducting Body:** Railway Recruitment Board (RRB)
- **Duration:** Approximately 45–60 Minutes
- **Question Type:** Psychometric & Aptitude-Based
- **Negative Marking:** No
- **Language:** English & Hindi

Important Rule: Candidates had to secure the minimum qualifying score individually in every test battery. Failure in even one section resulted in disqualification.

RRB ALP Psycho Test Question Paper 2019 – Types of Tests Asked

The RRB ALP Psycho Test Question Paper 2019 included multiple aptitude-based modules designed to test different psychological and operational abilities.

1. Memory Test

This section tested short-term visual memory. Questions Included:

- Remembering symbols and patterns
- Recalling sequences quickly
- Matching previously shown figures

Skills Tested:

- Visual retention
- Quick recall ability
- Observation power

2. Concentration Test

This was one of the most important sections in the 2019 psycho test. Questions Included:

- Identifying odd symbols
- Detecting mismatches
- Comparing similar figures rapidly

Skills Tested:

- Sustained attention
- Focus under pressure
- Error detection ability

3. Depth Perception Test

This section evaluated candidates' spatial judgment and visual estimation abilities. Questions Included:

- Comparing object positions
- Estimating distances visually
- Direction-based comparisons

Skills Tested:

- Visual judgment
- Spatial understanding
- Operational awareness

4. Perceptual Speed Test

This module measured speed and accuracy simultaneously. Questions Included:

- Symbol matching
- Rapid comparisons
- Timed identification tasks

Skills Tested:

- Fast response ability
- Accuracy under time pressure
- Reflex efficiency

5. Decision-Making & Situational Judgment Test

This section simulated operational situations. Questions Included:

- Safety-based decisions
- Choosing the correct operational responses
- Identifying safe and unsafe actions

Skills Tested:

- Decision-making ability
- Safety awareness
- Presence of mind



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RRB ALP Psycho Test Question Paper 2019 – Difficulty Level

Based on candidate feedback, the overall difficulty level of the RRB ALP Psycho Test Question Paper 2019 was considered:

Section	Difficulty
Memory Test	Moderate
Concentration Test	Moderate to Difficult
Dept Perception	Moderate
Perceptual Speed	Difficult
Decision-Making	Moderate

The main challenge of the RRB ALP Psycho Test was maintaining speed, concentration, and accuracy consistently under time pressure.

RRB ALP Psycho Test Question Paper 2019 – Scoring System

The psycho test followed a separate qualifying standard.

- Minimum T-score required in every battery
- No sectional relaxation for reserved categories
- Final merit included a psycho test weightage

Final Merit Formula:

- 70% weightage from CBT-2 Part A
- 30% weightage from CBAT

This made the psycho test extremely important despite being a qualifying test in nature.

How to Prepare Using RRB ALP Psycho Test Question Paper 2019

Practising previous psycho test patterns is one of the best preparation strategies. Effective Preparation Tips are as follows:

1. **Practice Full-Length Mock Tests** – Regularly attempt mock tests designed on the latest RDSO psycho test pattern to gain real exam experience.
2. **Improve Speed & Accuracy** – Focus on answering quickly while maintaining maximum accuracy during practice sessions.
3. **Develop Observation Skills** – Strengthen memory, concentration, and visual recognition abilities through continuous practice.
4. **Avoid Guesswork** – Stay consistent and rely on logical observation rather than random guessing during the test.
5. **Simulate Real Exam Conditions** – Practice in a timed environment to improve confidence, focus, and exam temperament.

With disciplined practice and the right preparation strategy, candidates can significantly improve their performance in the RRB ALP Psycho Test and boost their chances of final selection.

Best RRB ALP Psycho Mock Test Series for Preparation

Candidates preparing for CBT-3 should practice through a structured psycho mock test series designed on the latest RDSO pattern. A good RRB ALP Psycho Test Series should include:

- Full-length psychometric mock tests
- Real exam simulation
- RDSO pattern-based questions
- Performance analysis
- Speed and accuracy improvement modules

Regular practice through mock tests helps candidates build confidence, reduce exam fear, become familiar with the test interface, and improve overall consistency in performance.

Why RRB ALP Psycho Test 2019 Papers Are Still Important?

Even for upcoming ALP recruitment cycles, the 2019 psycho test papers remain highly relevant because:

- Core psychometric concepts remain unchanged
- RDSO testing principles are similar
- Question patterns continue to follow the same aptitude structure
- They provide real exam-level practice

Candidates who thoroughly analyse and practice the RRB ALP Psycho Test Question Paper 2019 gain a significant advantage during preparation. The RRB ALP Psycho Test Question Paper 2019 provides one of the most accurate insights into the actual CBT psychometric aptitude test conducted for Assistant Loco Pilot recruitment. Success in the psycho test does not depend on theoretical knowledge but on:

Success in the RRB ALP Psycho Test depends on mental alertness, speed, accuracy, consistency, and decision-making skills. With regular practice and mock test analysis, candidates can improve their chances of final selection. For more such updates, [preparation guides](#), [psycho test strategies](#), and latest railway exam notifications, keep following [Unlimited Education](#).