

Preparing for the RRB ALP exam in 2026? If you're aiming for the Assistant Loco Pilot post, the CBAT or Psycho Test is your final and most crucial hurdle. Many aspirants often ask me – "Sir, CBAT ka syllabus kya hai? Kaise tayyari karein?"



[Source: Unlimited Education]

In this detailed blog, I'll break down everything you need to know about the RRB ALP Psycho Test Syllabus 2026, its pattern, section-wise modules, qualifying marks, and proven strategies to ace it.

## RRB ALP Psycho Test Syllabus 2026 – Selection Process

The RRB ALP selection process has the following stages:

1. **CBT 1** – General Intelligence, Maths, Science, GK
2. **CBT 2** – Part A (Mathematics, General Intelligence and Reasoning, Basic Science and Engineering), Part B (Relevant Trade)
3. **CBAT** – Computer Based Aptitude Test, also known as Psycho Test (Only for ALP posts)
4. Document Verification & Medical

The Psycho Test (CBAT) is only for candidates who have cleared CBT 2 and have applied for the ALP post.

## RRB ALP Psycho Test Syllabus 2026 – What is Psycho Test in ALP

The CBAT (Computer Based Aptitude Test) is designed to test your speed, decision-making skills, presence of mind, memory, and the ability to follow orders or instructions – all of which are crucial for a Loco Pilot.

Unlike CBT 1 & 2, the Psycho Test doesn't check your academic knowledge. Instead, it simulates real-life railway scenarios to assess how efficiently and accurately you can react under pressure.

## RRB ALP Psycho Test Syllabus 2026 – Section-wise Breakdown

Here's the complete CBAT syllabus as per the RDSO pattern followed by RRBs:

### 1. Memory Test

Tests your ability to memorize numbers, patterns, symbols, or colour combinations.

There are total **5 Types in Memory Test**

1. **House (Building) Memory Test** (*Question: 12 + 12 = 24*) (*Time: 4 + 4 = 8 Minutes*)
2. **Picture - Number or (Figure – Digit) Memory Test** (*Question: 21 + 21 = 42*) (*Time: 6 + 6 = 12 Minutes*)
3. **Railway Track Memory Test** (*Question: 12 + 12 = 24*) (*Time: 5 + 5 = 10 Minutes*)
4. **Picture to Picture (Figure to Figure) Memory Test** (*Question: 20 + 20 = 40*) (*Time: 6 + 6 = 12 Minutes*)
5. **Object (12 Figure) Memory Test** (*Question: 12 + 12 = 24*) (*Time: 5 + 5 = 10 Minutes*)

### 2. Following Directions Test

Assesses your ability to follow complex instructions quickly and accurately.

There are Total **3 Types in Following Direction Test**

1. **Alphabetic Type Table Test** (*Question: 10*) (*Time: 5 Minutes*)
2. **Numeric Type Table Test** (*Question: 10*) (*Time: 5 Minutes*)
3. **Watch (Clock) Table Test** (*Question: 20*) (*Time: 10 Minutes*)

### 3. Depth Perception Test

Evaluates your skill in judging distances between objects.

There are total **2 Types in Depth Perception Test**

1. **Bricks Test** (*Question: 10 x 5 = 50*) (*Time: 5 Minutes*)
2. **Hidden Cube Test** (*Question: 50*) (*Time: 10 Minutes*)

## 4. Test of Power of Observation

Measures your attention span and speed of response.

There are total **4 Types in Power of Observation Test**

1. **Yes and No Test** (*Question: 96*) (*Time: 4 Minutes*)
2. **Find Digit 6 Test** (*Question: 75*) (*Time: 4 Minutes*)
3. **Find Digit 9 Test** (*Question: 75*) (*Time: 4 Minutes*)
4. **Picture Placement Positioning Test or Figure Replacement Test** (*Question: 75*) (*Time: 4 Minutes*)

## 5. Perceptual Speed Test

Tests how quickly and accurately you can identify differences or match patterns.

There are total **4 Types in Perceptual Speed Test**

1. **Similarity Test** (*Question: 18 x 4 = 72*) (*Time: 6 Minutes*)
2. **Same Figure (Hexagonal) Test** (*Question: 96*) (*Time: 6 Minutes*)
3. **Same Figure (Octagonal) Test** (*Question: 96*) (*Time: 6 Minutes*)
4. **Same Figure (Circle) Test** (*Question: 96*) (*Time: 6 Minutes*)

These modules are computer-based and time-bound. Practicing each module thoroughly is key to qualifying.

# RRB ALP Psycho Test Syllabus 2026 – Marking Scheme, Qualifying Criteria

Here are the official details every aspirant must know:

- **Minimum Qualifying Marks:** You must score at least 42 T-Score in each test battery. This is fixed – no relaxation based on category.
- **No Negative Marking**
- **Final Merit Calculation:**

1. 70% weightage to CBT 2 Part A
2. 30% weightage to CBAT (Psycho Test)

If you fail to score 42 T Score in even one section, you will be disqualified – irrespective of your overall score.

## RRB ALP Psycho Test Syllabus 2026 – Tips to Prepare

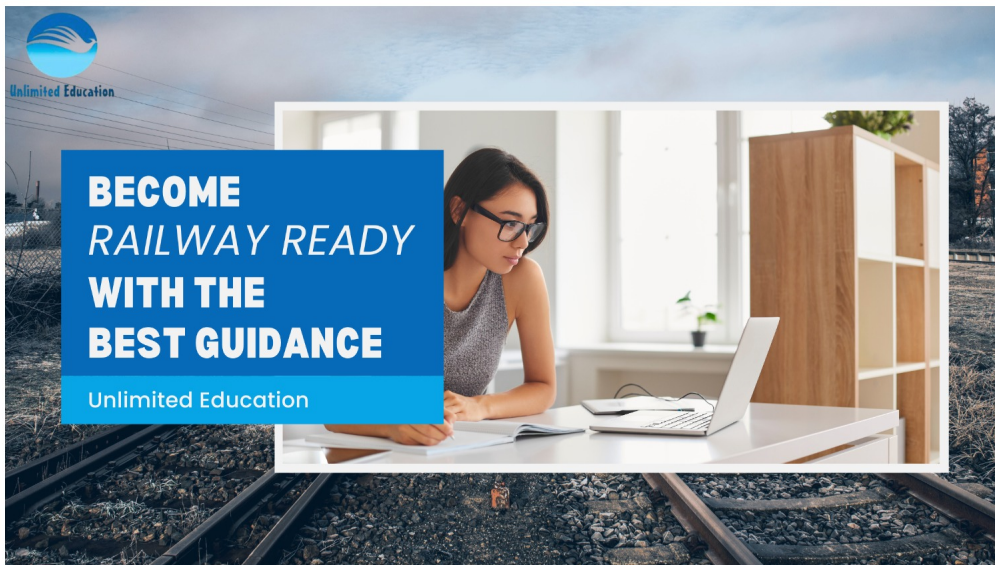
## RRB ALP Psycho Test Syllabus 2026 – Complete Guide to CBAT Pattern, Modules, Preparation

As someone who's mentored thousands of ALP aspirants across India, here's what I strongly recommend:

1. **Start Early, Don't Wait:** CBAT preparation should start alongside CBT 2 prep. Just 20–30 mins daily from now will give you a strong edge.
2. **Practice on a Computer with Mouse:** Since the actual test happens on a desktop, always practice with PC/laptop + external mouse.
3. **Follow RDSO Pattern Test Series:** At Unlimited Education, we've built India's first fully RDSO-pattern-based CBAT simulator – with module-wise tests, full-length practice sets, and attempt tracking.
4. **Track Your Progress:** Maintain a log of your test scores, mistakes and time taken. Improvement only happens when you measure.
5. **Use Visual Practice Tools:** Since most questions are visual in nature, your brain needs time to adapt to symbol/image recognition. Practice daily using our app-based modules.

## RRB ALP Psycho Test Syllabus 2026 – Structured Practice is Everything

The RRB ALP Psycho Test is not about being smart – it's about being train-ready. With focused daily effort, the right test interface, and structured mock tests, you can easily achieve 42+ T Score in all modules.



[Source: Unlimited Education]

Thousands of students have benefited from the [Unlimited Education CBAT series](#) – available on the [online website](#) and [mobile app](#) – complete with performance dashboards, full RDSO pattern, and expert guidance from my side.



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RRB ALP Psycho Test Syllabus 2026 – Complete Guide to CBAT Pattern, Modules, Preparation

Let's crack the 2026 CBAT together – confidently and smartly!



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